






Agriculture in Cameroon's West Region

Quick Snapshot

○ What Farmers Grow

 Staples: Maize • Beans • Potatoes • Plantains

 High-Yield Leaders: Tomatoes • Watermelons

 Tree Crops: Bush plum • Guava • Breadfruit

○ How They Farm

Mixed farming on a fertile volcanic soils

Traditional methods: shifting cultivation, dry farming terracing

Key Challenges

-  Poor roads & weak storage
-  Low access to credit & modern tools
-  Low productivity, outdated equipment
-  Flooding & localized insecurity

Opportunities

-  New resilience & storage projects
-  Agroforestry for soil & biodiversity
-  Crop diversification: tea • coffee
-  Value chains: poultry • fish • beekeeping

Bottom Line

High potential—but modernization, market access, and sustainability are key.

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